

Effective September 4, 2018 - June 27, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Open 12:00 - 1:00 PM		Adult Open 12:00 - 1:00 PM			Open 10:00 - 11:00 AM (All Levels)
Private Lessons 1:00 PM - 3:30 PM (Booking Available, ask for times)	Jr Poomsae/Demo 5:15 - 6:00 PM	Private Lessons 1:00 PM - 3:30 PM (Booking Available, ask for times)	Jr Poomsae/Demo 5:15 - 6:00 PM	Private Lessons 1:00 PM - 3:30 PM (Booking Available, ask for times)	Sparring Club 11:00 AM - 12:30 PM (Team Class)
Children Beginner 4:15 - 5:00 PM (White to Green Stripe)	Children Advanced 4:15 - 5:15 PM (Green & Up)	Children Beginner 4:15 - 5:00 PM (White to Green Stripe)	Children Advanced 4:15 - 5:15 PM	Children Beginner 4:15 - 5:00 PM (White to Green Stripe)	Sr Poomsae Team 12:30 - 2:30 PM (Team Class)
Children Advanced 5:00 - 6:00 PM (Green & Up)	Children Beginner 5:15 - 6:00 PM (White to Green Stripe)	Children Advanced 5:00 - 6:00 PM (Green & Up)	Children Beginner 5:15 - 6:00 PM (White to Green Stripe)	Children Advanced 5:00 PM - 6:00 PM (Green & Up)	
Teen Beginner 6:00 - 7:00 PM (White to Green Stripe)	Little Dragons 6:00 - 6:30 PM	Teen Beginner 6:00 - 7:00 PM (White to Green Stripe)	Little Dragons 6:00 - 6:30 PM	Open Class 6:00 - 7:00 PM (All Levels)	Birthday Parties 3:00 - 4:30 PM
Adult Beginner 6:00 - 7:00 PM (White to Green Stripe)	Open Class 6:30 - 7:30 PM (All Levels)	Adult Beginner 6:00 - 7:00 PM (White to Green Stripe)	Sparring Club 6:30 - 7:30 PM (Team Class)		
Teen Advanced 7:00 - 8:00 PM (Green & Up)	Adult Advanced 7:30 - 8:30 PM (Green & Up)	Teen Advanced 7:00 - 8:00 PM (Green & Up)	Adult Advanced 7:30 - 8:30 PM (Green & Up)	Promotion Test 7:00 PM - 9:00 PM (See Calender for Scheduled Date)	
Elite Team 8:00 - 9:00 PM	Sr Poomsae Team 8:30 - 9:15 PM	Elite Team 8:00 - 9:00 PM	Sr Poomsae Team 8:30 - 9:15 PM		